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Children's Physiotherapy Helplines

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**The Children and Young People’s Physiotherapy service works across Edinburgh, East and Mid Lothian, and the Royal Hospital for Children and Young People.**

**Please visit the leaflet section of our website which provides information/advice on a range of common conditions and queries often referred to Paediatric Physiotherapists.**

[**https://children.nhslothian.scot/departments\_services/physiotherapy**](https://children.nhslothian.scot/departments_services/physiotherapy)

**Still concerned?**

**We run telephone help lines to answer queries you may have about your child or young person. This service can be accessed by health/education professionals and parents/ carers to discuss any concerns or seek advice using the numbers below.**

**For concerns regarding a child’s motor skills or development:**

**Edinburgh: 0131 312 2347**

**East Lothian and Midlothian: 0131 446 4144**

**Thursday mornings from 9.00 to 11.00**

**For concerns about bone, joint or muscle pain:**

**Edinburgh, East and Mid Lothian Paediatric Physiotherapy Musculoskeletal Team Self Referrals: 0131 312 1079**